

Fitness Schedule - March

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 <i>5:45 Yoga Mind & Body</i> <i>6:30 Total Body Fitness</i>	4	5 <i>5:45 Yoga Mind & Body</i> <i>6:30 Total Body Fitness</i>	6	7
8	9	10 <i>5:45 Yoga Mind & Body</i> <i>6:30 Total Body Fitness</i>	11	12 <i>5:45 Yoga Mind & Body</i> <i>6:30 Total Body Fitness</i>	13	14
15	16	17 <i>5:45 Yoga Mind & Body</i> <i>6:30 Total Body Fitness</i>	18	19 <i>5:45 Yoga Mind & Body</i> <i>6:30 Total Body Fitness</i>	20	21
22	23	24 <i>5:45 Yoga Mind & Body</i> <i>6:30 Total Body Fitness</i>	25	26 <i>5:45 Yoga Mind & Body</i> <i>6:30 Total Body Fitness</i>	27	28
29	30	31 <i>5:45 Yoga Mind & Body</i> <i>6:30 Total Body Fitness</i>				

Fitness Schedule - April

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 <i>5:45 Yoga Mind & Body</i> <i>6:30 Total Body Fitness</i>	3	4
5	6	7 <i>5:45 Yoga Mind & Body</i> <i>6:30 Total Body Fitness</i>	8	9 <i>5:45 Yoga Mind & Body</i> <i>6:30 Total Body Fitness</i>	10	11
12	13	14 <i>5:45 Yoga Mind & Body</i> <i>6:30 Total Body Fitness</i>	15	16 <i>5:45 Yoga Mind & Body</i> <i>6:30 Total Body Fitness</i>	17	18
19	20	21 <i>5:45 Yoga Mind & Body</i> <i>6:30 Total Body Fitness</i>	22	23 <i>5:45 Yoga Mind & Body</i> <i>6:30 Total Body Fitness</i>	24	25
26	27	28 <i>5:45 Yoga Mind & Body</i> <i>6:30 Total Body Fitness</i>	29	30 <i>5:45 Yoga Mind & Body</i> <i>6:30 Total Body Fitness</i>		

Fitness Schedule - May

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5 <i>5:45 Yoga Mind & Body</i> <i>6:30 Total Body Fitness</i>	6	7 <i>5:45 Yoga Mind & Body</i> <i>6:30 Total Body Fitness</i>	8	9
10	11	12 <i>5:45 Yoga Mind & Body</i> <i>6:30 Total Body Fitness</i>	13	14 <i>5:45 Yoga Mind & Body</i> <i>6:30 Total Body Fitness</i>	15	16
17	18	19 <i>5:45 Yoga Mind & Body</i> <i>6:30 Total Body Fitness</i>	20	21 <i>5:45 Yoga Mind & Body</i> <i>6:30 Total Body Fitness</i>	22	23
24	25	26 <i>5:45 Yoga Mind & Body</i> <i>6:30 Total Body Fitness</i>	27	28 <i>5:45 Yoga Mind & Body</i> <i>6:30 Total Body Fitness</i>	29	30